

List of References and Recommended Websites **with Downloadable Resources for Watershed Friendly Gardening**

by Betsy Washington

Resources on Low Impact Landscaping

Chesapeake Conservation Landscaping Council: Eight Essential Elements of Conservation Landscaping - a detailed manual with step by step information on how to create a conservation landscape for the Chesapeake watershed.

<http://www.chesapeakelandscape.org/Guid1207%20.pdf>

Landscape for Life: This detailed workbook shows you how to work with nature for a beautiful, sustainable landscape no matter where you live. A whole range of topics are covered from improving soil, to permeable paving to stormwater detention techniques from bioswales, rain gardens and much more. A thorough 'how to' workbook on how to design a sustainable landscape following the principles of SITES - The Sustainable Sites Initiative.

http://www.landscapeforlife.org/publications/LFL_Workbooks_Print_downloadable.pdf

Residential Low Impact Landscaping Workbook - NVSWCD workbook with information on low impact residential stormwater solutions such as rain barrels, cisterns, reforestation, rain gardens, pervious paving, and more. Easy to understand, downloadable files.

<http://www.fairfaxcounty.gov/nvswcd/lidbooklet.pdf>

Virginia Department of Conservation and Recreation: Large website with a wealth of information on conservation, stormwater management, lists of native species, invasive species, watershed info, resources, and much more. See many useful links.

http://www.dcr.virginia.gov/stormwater_management/

Resources for Watershed-Friendly Gardeners - Northern Virginia Soil and Water Conservation District,

<http://www.fairfaxcounty.gov/nvswcd/resourcelist.doc>

A Homeowner's Guide for the Potomac River Watershed - NVSWCD, *You and Your Land:*

<http://www.fairfaxcounty.gov/nvswcd/resourcelist.doc>

Water Quality Stewardship Guide: Facts About Earth's Water - NVSWCD,

<http://www.fairfaxcounty.gov/nvswcd/waterqualitybk.htm>

Rain Gardens, Green Roofs and Other LID Practices - NVSWCD,

<http://www.fairfaxcounty.gov/nvswcd/raingarden.htm>

Information on Plants and Landscape plans

Lady Bird Johnson Wildflower Center: Find a list of native plants of Virginia and use their plant selector to pick the right native plant for each site in your landscape.

<http://www.wildflower.org/plants/>

Plant More Plants: Find landscape plans, rain garden plans, plant lists and lists of nurseries and other resources. Excellent site.

<http://www.plantmoreplants.com/>

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Native Plants for Wildlife Habitat and Conservation Landscaping, Chesapeake Bay Watershed. U.S. Fish & Wildlife Service. Outstanding guide to conservation landscaping with extensive plant lists with photos and loads of information on how to grow, and wildlife value. Highly recommended.

<http://www.nps.gov/plants/pubs/chesapeake/pdf/chesapeake natives.pdf>

Plant List for Lake Barcroft Resource Protection Area Demonstration Garden at Beach 5 by Betsy Washington. Guide with photos and plant descriptions of over 120 species of plants that thrive in Lake Barcroft. Includes growing and landscape and wildlife tips. These plants are also labeled and on display in the Beach 5 RPA garden. <http://www.lakebarcroft.org/community/environmental-quality/plant-list>

Rainscaping and Rain Gardens

Rain Garden Design and Construction - A Northern Virginia Homeowner's Guide - Simple instructions for creating a rain garden, siting it appropriately, calculating the area and depth needed, and plants.

<http://www.fairfaxcounty.gov/nvswcd/raingardenbk.pdf>

Rainscaping Campaign: an environmental partnership for stormwater runoff solutions specifically for Anne Arundel County, MD but excellent information for our area. Info on rain gardens, rain barrels, permeable paving, and native plant lists.

<http://www.rainscaping.org/>

Rain Gardens: A How to Manual for Homeowners, University of Wisconsin - very well regarded information on creating rain gardens for homeowners. This useful manual takes you step by step through the process of designing and building a rain garden and even features sample designs and planting plans with plant lists.

Http://www.lowimpactdevelopment.org/raingarden_design/downloads/RaingardenHow2HomeownerUWExtension.pdf

Rain Barrels

Northern Virginia Soil and Water Conservation District Rain Barrel Workshops. Information on workshops where you can make your own rainbarrel, and on how to install them, where to buy them already made, and frequently asked questions. (*Look for another rain barrel workshop for LB residents In October, 2012. It is easy & inexpensive to make your own!*)

<http://www.fairfaxcounty.gov/nvswcd/rainbarrels.htm>

Watershed Friendly Yard and Lawn Care

A Virginian's Year-Round Guide to Yard Care. Popular, easy to use guide to bay friendly yard care.

http://www.dcr.virginia.gov/soil_and_water/documents/yardcare.pdf

Your Yard and Water Quality. Great website for finding simple landscaping and maintenance tips that help improve water quality.

<http://cru.cahe.wsu.edu/CEPublications/eb1744?eb1744.html>

Tips on Keeping Your Lawn Green and the Bay Clean. Green lawn care tips.

<http://www.fairfaxcounty.gov/snswcd/lawntips.pdf>

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Fall is Crucial Time for Lawn Care. Outstanding NVSWCD Conservation Currents newsletter article on lawn care.

<http://www.fairfaxcounty.gov/nvswcd/newsletter/falllawncare.htm>

Watershed Friendly Lawn Care Tips for Spring. Betsy Washington and George McLennan, LBA Newsletter, March 2012

<http://www.lakebarcroft.org/community/environmental-quality>

Invasive Plants:

Virginia Natural Heritage division of DCR with links to lists and information about Invasive Plants of Virginia.

http://www.dcr.virginia.gov/natural_heritage/invspplist.shtml

Mid-Atlantic Exotic Pest Council Invasive Species List - links to more resources

<http://www.invasive.org/maweeds.cfm>

Sustainable Streets and Parking Lots

San Mateo Sustainable Streets and Parking Lots Handbook

http://www.flowstobay.org/ms_sustainable_guidebook.php

<http://www.flowstobay.org/documents/municipalities/sustainable%20streets/Ch%206/pg%20158-161%20Ch6.pdf>

Wildlife and Conservation Landscaping

Audubon at Home in Northern Virginia. A wealth of resources and downloadable lists on attracting wildlife to your property or school, information on conservation landscaping, target species, and lists of plants and other wonderful books.

http://www.audubonva.org/audubon_at_home/index.htm

Loudoun County Conservancy, Gardening for Wildlife. Plant Lists that describe wildlife each plant attracts and much more.

http://www.loudounwildlife.org/Gardening_For_Wildlife_Plant_List.htm

National Wildlife Federation, Garden for Wildlife. Step by step guide to creating habitat for wildlife in your own garden and directions to get your garden certified as a Wildlife Habitat.

<http://www.nwf.org/Get-Outside/Outdoor-Activities/Garden-for-Wildlife/Create-a-Habitat.aspx>

Other Information on Regulations and Guidelines That Affect What How You Landscape and Manage Your Property

Chesapeake Bay Preservation Ordinance "Resource Protection Areas" (RPA) and How They May Affect Your Property by Betsy Washington. Homeowner guide to landscaping in an RPA (resource protection area) and how the County regulations may affect your property.

<http://www.lakebarcroft.org/community/environmental-quality/resource-protection-areas>

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Invasive Management Plan for Lake Barcroft Common Areas by Betsy Washington with consultation with Fairfax County Park Authority and Department of Public Works and Environmental Services. Guide to Fairfax County regulations for removing invasive plants in RPA or Resource Protection Areas.

<http://www.lakebarcroft.org/community/environmental-quality/invasive-management-plan-community-owned-areas-2010>